

SILESIA CUP

2024

Open International Cup in Traditional Karate



7th april 2024 | 10:30

Bytom "na Skarpie" sports hall

As in previous years, we would like to invite you to the Silesia Cup tournament held under the patronage of Polish Traditional Karate Association - the Open International Cup of the Silesian Voivodeship in Traditional Karate.



As usual, we have prepared attractive material prizes for the winners. This year for categories cadets-senior we also have financial prizes. All participants will receive a souvenire.



In the previous editions of the Silesia Cup, nearly 700 karatekas from over 50 clubs from 4 countries (including many medalists of the Polish, Czech, Ukrainian, European and world championships) took part. In recent years, the patronage over the event was taken by the Silesian Voivode, the Marshal of the Silesian Voivodeship and the President of the City of Bytom.



Categories and competitions

2017 and younger	2016-2015	2014-2013	2012-2011
9 kyu and no rank - kihon	9 kyu and no rank - kihon	9 kyu and no rank - kihon	9 kyu and no rank - kihon
8-1 kyu kata	8-7 kyu kata 6-1 kyu kata	8-7 kyu kata 6 kyu kata 5-4 kyu kata 3-1 kyu kata	8-7 kyu kata 6 kyu kata 5-4 kyu kata 3-1 kyu kata
	8-7 kyu kihon ippon kumite 6-1 kyu jiu ippon kumite	8-7 kyu kumite 6-4 kyu jiu ippon kumite 3-1kyu kogo kumite	8-7 kyu kumite 6-4 kyu kumite 3-1 kyu kumite

kihon hidari zenkutsudachi gedanbarai, 3x oizuki forward, 3x ageuke backward, 3x maegeri forward, 3x shutouke backward.

kata flag system - heian according to lower rank. (brown belts in final kata of choise- bassai-dai, jion, kankudai)

kumite accoring to WTKU regulations



Kadets and Juniors

Kadets (2010-2009)

Kata (eliminations to choose bassai dai, ji-on, Kan-ku dai, en-pi, in the finals any from the WTKF list, other than in the eliminations), evaluation by the points system)

kumite (girls and boys: eliminations-ko-go kumite, semi-final and final-jiyu-kumite)

Juniors (2008-2007)

Kata (eliminations to choose bassai dai, ji-on, Kan-ku dai, en-pi, in the finals any from the WTKF list, other than in the eliminations), evaluation by the points system)

kumite (girls and boys: eliminations-ko-go kumite, semi-final and final-jiyu-kumite)



Youths and Seniors

Youths (2006- 2004)

- kata (any from the WTKF list, evaluation by the points system (other in the finals and semi-finals))
- kumite (jiyu-kumite women and men)

Seniors (2003 and older)

- kata (any from the WTKF list, evaluation by the points system (other in the finals and semi-finals))
- kumite (jiyu-kumite women and men)



Seniors and Juniors kyu

By giving all juniors as well as parents or adults who train karate a chance to start, we want to organize a category of juniors (9-4 kyu) and seniors (9-1kyu). Taking into account the characteristic climate of this group, each karateka will choose the kata with which he will start (also heian kata), and kumite will be accorded to the competitor with a lower rank.



Boys and girls in each group separately. If there will be less than 3 competitors in any category they will be joined to other group.

In kumite competitions, teeth and groin protectors (for boys) or breast protectors (for girls) are mandatory.

All competitors must have valid sports medicine examinations and accident insurance - team leaders will sign a relevant statement in the competition office.



Applications

On the application form (attachment), please send via e-mail sowaj@interia.pl by March 31th 2024 (sunday).



Bytom - In the Hearth of Europe

City of Bytom is in very convenient location:

-15 minutes from Katowice-Pyrzowice airport

-10 minutes from highway A4 (Pan-European corridor number 3)

- 0 minutes from highway A1 (Pan-European corridor number 6 and 10)

- 50 minutes from Kraków-Balice Airport

See you on 7th of April in Bytom